



Probus Club of Melbourne North Inc

Newsletter: **No 6 June 2023** Reg. No. A0030616K.8

Postal Address: **PO Box 119, Moonee Ponds, VIC 3039**

Web Address: <http://melbnprobus.org>.

Meeting Venue: Windy Hill, Essendon

President: Marie Daffey 0408 592 912 **Secretary:** Kathy Detering 0409 251 590

Treasurer: Andrew Mason 0408 172 770

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President's Message

Hello Everyone,

These days my constant companion is my slow cooker. With the cold weather we are experiencing, it is very comforting to have a bowl of pea and ham soup or chicken and vegetable soup, and to also store some in the freezer.

Many of you have most likely had a winter "cold" or the flu, and sometimes we have to push ourselves to venture out the door. The weather man was very kind to us for the recent King's Birthday holiday weekend. The sun smiled on us most days. I spent my weekend walking on the beach, going to the annual Anglesea Art Show and the Aireys Inlet market. It is wonderful to be able to experience these pleasures again, after our last few years of lockdown.

Your Probud committee is working hard to organise our Christmas Luncheon and a few other outings. Our dynamic Joan Munro, who celebrated her 90th birthday recently, is helping to organise this event. Please don't hesitate to let any member of the committee know of any event or place of interest that you know of that could be added to our events. All of our outings, excursions or speakers are originally an IDEA.

Suitcases and bags are being taken off shelves and dusted down in many homes at present, in preparation for a long awaited trip. Maybe overseas, interstate or local. If you are one of these travellers, enjoy your trip, travel safely and keep well.

Our next meeting is on Tuesday June 27. Maureen Scully has very kindly offered to take my place, as I am one of those travellers.

Yours in Friendship,
Marie Daffey

Speaker

Carolyn Pethick

Carolyn was a Victorian police officer for over 30 years and has written a book about the trials and tribulations of working in a male dominated job.

To Hell and Back is a memoir detailing one policewoman's trials and tribulations working within the ranks of the Victoria police force from the early 1980's to the present day

When a Carolyn joined the police force as a 21-year she expected to be confronted by death, drugs, and criminals but nothing had prepared her for the blatant sexual discrimination, bullying and harassment that was an accepted part of police culture.

Hers is the story of one policewoman's fight to stay in the job she loved no matter how much it affected her health, her family life and her confidence.

Carolyn lists herself as an equality activist promoting strength, courage and resilience

June Birthdays



Kate Noonan
Kathy Detering
Joan Munro
Vic Ryall
Cathy Tackle
June Keats

Movie outing



The June movie outing was to Pentridge Cinemas with the option of two films. Of the 11 Probus members who attended, nine chose to watch *Book Club: The Next Chapter* and two opted for *John Farnham: Finding the Voice*. Both movies were very well received. The moviegoers then met at the adjoining Lucky Little Dumplings restaurant for a tasty Chinese meal.

Next Movie

To be announced via email

Next Luncheon

The next luncheon, organised by Marlene, is at the Old England Hotel, 459 Lower Heidelberg Road, Heidelberg on Tuesday, July 11, at 12 noon

<<https://www.google.com/maps/search/459+Lower+Heidelberg+Road,+Heidelberg?entry=gmail&source=g>>

Members can opt for the Christmas in July menu or choose from the a la carte menu. No pre-payment is required.

If you want to attend please text or phone Marlene on 0421 594 439

Welfare

Bev Mason is the club's welfare contact and asks members to let her know of any members who may be unwell or have need of assistance or just a social contact call to say we are thinking of them. Her phone number is 0435 568 802.

Next meeting

Tuesday, June 27, 2023 at Windy Hill

Deadline for the July Newsletter: Friday, July 14, 2023